

MIDNIGHT SUN BOWL 2026

International Team Invitation

The Midnight Sun Bowl 2026 is an open women's and youth girls' flag football tournament held in Oulu, Finland, during the height of the Nordic summer—when the sun never sets. This unique event features late-day and night competition, with championship games played at midnight, outdoors, under full daylight.

WHY MIDNIGHT SUN BOWL?

Midnight Sun Bowl offers international teams:

- Competitive games in a distinct Nordic summer environment
- A player-first tournament with a clean, focused format
- An opportunity to visit Finland during its most unique season
- A relaxed, welcoming setting ideal for both club teams and newly formed teams

DATE & LOCATION

Date: Saturday, July 18, 2026

Time: 15:00 – 01:00

City: Oulu, Finland

Venue: Castrenin Kenttä

Surface: Outdoor artificial grass

All matches are played on the same day. Natural daylight remains throughout the entire event.

DIVISIONS

- **Women**
- **U17 Girls**

Both club teams and newly assembled teams are eligible to participate.

TOURNAMENT FORMAT

- 5v5 Flag Football
- Minimum 4 games guaranteed
- 15-minute halves
- Running clock
- 1 timeout per team per game
- Rules governed by [AFF Flag Rules](#)
- Championship games played at midnight

OFFICIATING & STREAMING

- Tournament-appointed referees
- Women's teams may assist with player referee duties
- All games streamed live on YouTube

REGISTRATION FEES

- **Women:** 200 € per team
- **U17 Girls:** 175 € per team
- **Free agents:** 20 € per player

Payment Policy:

- Full payment required
- No refunds

PLAYER EXPERIENCE

- Player-first competition focus
- Water available on-site
- Concessions offering snacks and food
- Alcohol not permitted

TRAVEL NOTES

- Oulu is accessible via domestic flights from Helsinki
- July is peak summer season in Finland with mild temperatures and long daylight
- Teams are responsible for their own travel and accommodation arrangements

REGISTRATION & CONTACT

International teams interested in participating are encouraged to register early, as division spots are limited.

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